

# BREAKTHROUGH NEUROPATHY SOLUTIONS

## Pain/Numbness Questionnaire

Name: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Weight: \_\_\_\_\_ LBS

Social security #: \_\_\_\_ - \_\_\_\_ - \_\_\_\_\_ D.O.B.: \_\_\_\_\_ Age: \_\_\_\_\_

Marital Status: Single \_\_\_\_ Married \_\_\_\_ Divorced \_\_\_\_ Widowed \_\_\_\_ for \_\_\_\_ years

Number of Children: \_\_\_\_\_ Ages of children: \_\_\_\_\_

Current Occupation or Last position held: \_\_\_\_\_

Current employment status: \_\_\_\_ Full time \_\_\_\_ Part time \_\_\_\_ Unemployed

For how long: \_\_\_\_\_ \_\_\_\_ Homemaker \_\_\_\_ Retired \_\_\_\_ Student

Is your pain or numbness the result of an accident? \_\_\_\_ Yes \_\_\_\_ No

If yes, where did it occur? Circle one: Home work Vacation Car Other

(Describe): \_\_\_\_\_

### Pain/Numbness/Neuropathy Information

What is the main problem for which you are seeking treatment at **Breakthrough Neuropathy Solutions**? \_\_\_\_\_

Please describe the location of your pain and numbness? \_\_\_\_\_

How long have you had your current pain/numbness? \_\_\_\_\_

How did your pain/numbness start? Was there a precipitating event? \_\_\_\_\_

Are there any factors that make your pain, numbness or tingling:

Better? \_\_\_\_\_

Worse? \_\_\_\_\_

Please rate your pain, numbness or tingling intensity on a scale from 0 (no pain) to 10 (excruciating, incapacitating, worst possible). Rate your pain, numbness or tingling during the last 30 days. \_\_\_\_\_

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**Are you taking any of the following medications?** Please circle all that apply.

Nerve Pills      Pain killers      Muscle relaxers      Stimulants  
Blood Thinners      Tranquilizers      Insulin      Other(s) \_\_\_\_\_

**Do you have or ever had any of the following diseases or conditions?** Please circle all that apply.

Heart Attack    Stroke    Congenital Heart Disease    Alcohol/Drug abuse    HIV+/AIDS  
Freq. Neck Pain    HIGH/LOW Blood Pressure    Severe Freq. Headaches    Pace Maker  
Fainting/Epilepsy    Diabetes/Tuberculosis    Lower back pain    Heart Surgery  
Mitral Valve Prolapse    Venereal Disease    Shingles    Emphysema/Glaucoma  
Psychiatric Problems    Kidney Problems    Sinus Problems    Difficulty Breathing  
Artificial Bones    Heart Murmur    Artificial Valves    Hepatitis    Cancer    Anemia  
Rheumatic Fever    Ulcers/Colitis    Asthma    Chemotherapy    Arthritis

List any other serious medical condition(s) you have or ever had: \_\_\_\_\_

\_\_\_\_\_

List anything that you may be allergic to: \_\_\_\_\_

\_\_\_\_\_

List previous surgeries/treatments with dates: \_\_\_\_\_

\_\_\_\_\_

List **any** serious accidents with dates: \_\_\_\_\_

\_\_\_\_\_

Do you take supplements or Vitamins? \_\_\_\_\_ if so, what? \_\_\_\_\_

\_\_\_\_\_

Family health history: \_\_\_\_\_

\_\_\_\_\_

List any **past** treatments used to try and treat the pain, numbness, or tingling: \_\_\_\_\_

\_\_\_\_\_

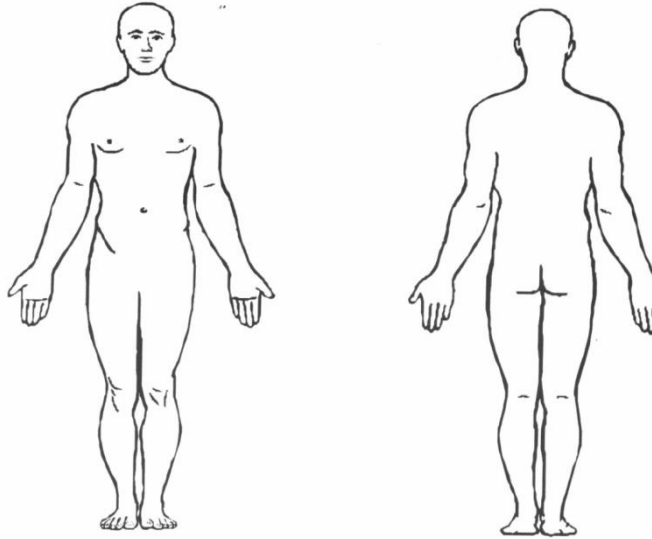
Were any of those treatments helpful? \_\_\_\_\_

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How often do you have your pain, numbness or tingling?

\_\_\_ Constantly (100% of the time)    \_\_\_ Nearly constantly (60-95% of the time)

\_\_\_ Intermittently (30-60% of the time)    \_\_\_ Occasionally (less than 30%)



Mark the areas that you're experiencing your pain, numbness, or tingling. Indicate your pain or numbness type by marking with a letter or letters.

- a) Deep (inside)
- b) Superficial (on the skin)
- c) Constant (all the time)
- d) Intermittent (start and stops)
- e) Aching
- f) Burning
- g) Shooting

Patient signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office use only:

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